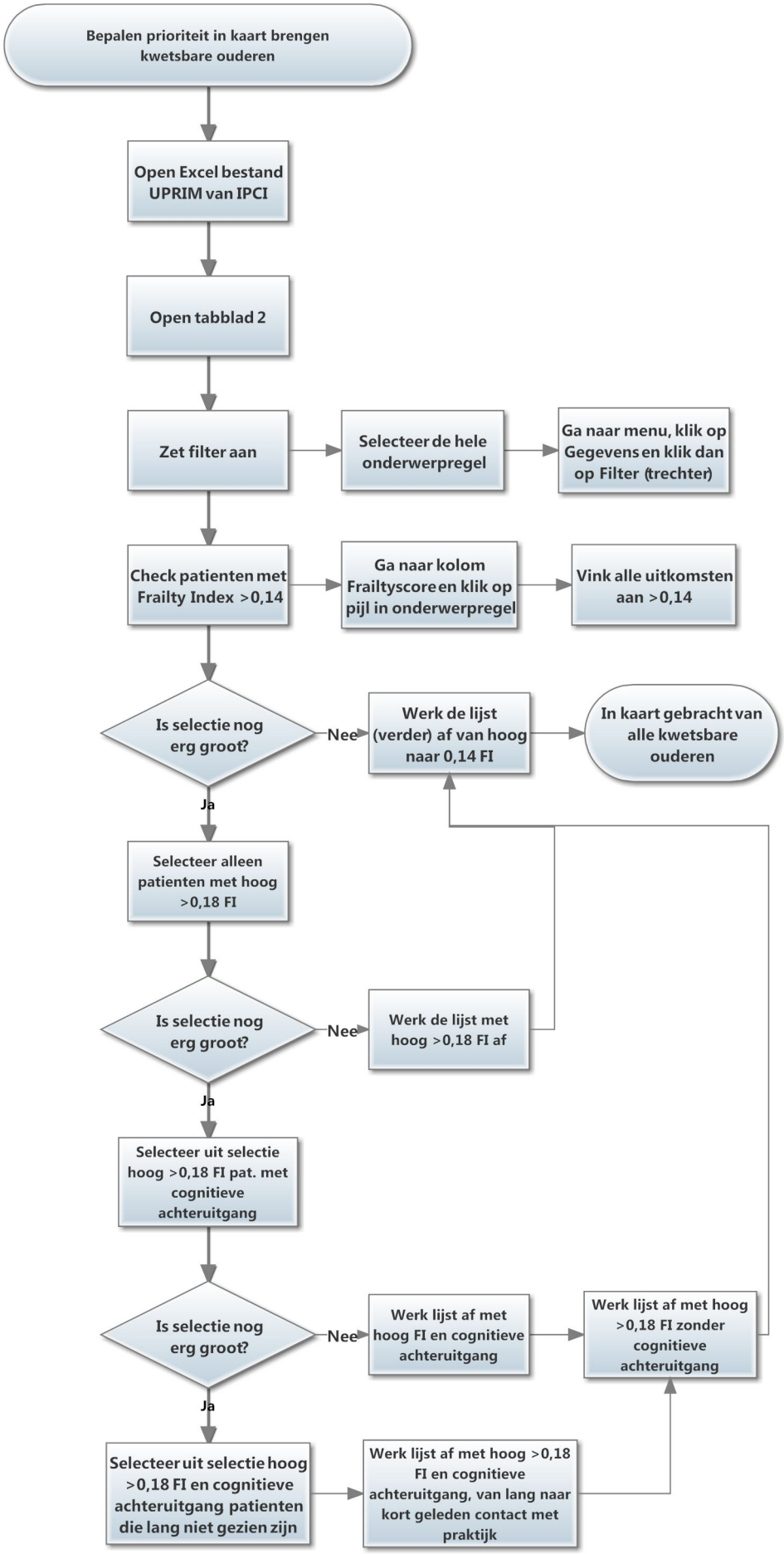Werkwijze in kaart brengen kwetsbare ouderen